

## Celebrate the life of someone you love

If you have lost a loved one to cancer perhaps you feel you want to do something in their memory. WCRF UK has an online memorial site where you can create your own personalise tribute. By setting up a Forever Fund you can donate safely and easily in the memory of a loved one as well as contributing towards WCRF UK's unique research into cancer prevention. To find out more about our online tributes please visit: [www.foreverfund.org](http://www.foreverfund.org) or call **020 7343 4248**.



## Get fruity for cancer prevention

On 13th May, at the end of WCRF UK's Cancer Prevention Week, our annual fundraising campaign, Fruity Friday will take place. Aiming to raise awareness of the importance of nutrition, diet and physical activity in the fight against cancer, we'll be encouraging people all over the country to do something that promotes getting active and being healthy as well as raising money for cancer prevention. Find out more at [www.fruityfriday.org](http://www.fruityfriday.org) or contact us using the details below.



## A MARATHON YEAR

This year WCRF UK is proud to be sporting our largest London Marathon team with over 30 people running for us. Each of those people will be raising money to support our work into cancer prevention and spreading our message that cancer is a largely preventable disease. If you want to find out more about our marathon runners or find out about taking part in an event yourself log on to [www.wcrf-uk.org/events](http://www.wcrf-uk.org/events).

## Your Thoughts

We always love to hear your thoughts about the Newsletter. Here are a few comments that we have received recently.

*"Like the new look Newsletter and always find the information really interesting - thank you."*

*"I enjoy reading the WCRF UK Newsletter as it helps to keep me up to date with current ideas and research."*

*"Love your Newsletter. Easy to read and understand, colourful with fantastic recipes - thank you."*

If you'd like to get in touch then fill out the comments section of your Publications Request Form.

## Supporter of the Quarter

This quarter we are celebrating Peter Rigby. Peter is the CEO of Informa PLC, one of the world's leading providers of specialist information and services for the academic, scientific, professional and commercial business communities, and a part-time human banana.



Peter has worked tirelessly to encourage employees to raise money for WCRF UK since our partnership began in 2006. He is traditionally the banana in the annual London 'Informa Go Bananas' race, where he is chased by over 200 enthusiastic employees. Peter has also promoted the race to Informa's international offices, resulting in 1300 worldwide employees taking part in fun runs. Peter said: "I've really enjoyed supporting such a great cause and am delighted with the difference Informa has been able to make." Informa has raised £280,000 for WCRF UK so we'd like to say a big thank you to Peter for all his hard work and dedication.

Please visit [www.wcrf-uk.org](http://www.wcrf-uk.org) if you would like more information on any of these stories, or to join one of our appeals. Alternatively, contact us by calling **020 7343 4200** or emailing [newsletter@wcrf.org](mailto:newsletter@wcrf.org) today!

**GET IN TOUCH!**